



e-News | March 2018

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PROMOTION



ORDER 5 MOUTHGUARDS WITHIN A MONTH AND
GET THE 6TH FOR
FREE



DIGIDENT PRESENTS:

MOUTHGUARDS



Sports related dental injuries can be prevented through the use of proper protection. Common dental injuries in sport include: broken, cracked, chipped or lost teeth, lip, cheek or tongue lacerations, joint damage and jaw fractures. Use of mouthguards help to prevent or limit the severity of these injuries. Furthermore, mouthguards worn by players with braces may prevent injuries to another player from their contact with the braces. There is limited evidence to support the idea that mouthguards protect against, or reduce the risk of concussion. Injuries to the mouth and jaw are often painful, costly and difficult to treat. In severe cases, surgery and hospitalisation may be necessary.


Sports Medicine Australia and the Australian Dental Association released a joint recommendation in 2015 stating that use of custom-fitted mouthguards for all contact sport participants reduces the risk and severity of dental injuries. Custom-fitted mouthguards come in several types, the simplest of these is a vacuum formed guard made from a single layer. More complex designs incorporate multiple layers or laminations of material, which are bonded together under high pressure and high temperature to form the final unit. This technique allows for greater shock absorption when used in collision sports and can be made to suit the requirements of the individual. In general terms, a custom-fitted design is necessary to ensure a comfortable fit of the mouthguard during use.

“...A CUSTOM-FITTED DESIGN IS NECESSARY TO ENSURE A COMFORTABLE FIT OF THE MOUTHGUARD DURING USE.”

Injury prevention in sport is best achieved by being well prepared. This includes mouth protection in the form of a custom-fitted mouthguard to ensure the best possible chance to prevent serious injury. The AFL and some sports clubs from Water Polo, Rugby League and Basketball have issued policies backing the use of mandatory mouthguard usage during training and games.

‘Stock’ and ‘Boil and Bite’ mouthguard designs do not afford much protection. They tend to fit poorly, and often interfere with breathing and speech. Their only advantage is their low cost and availability. Unfortunately, these are often favoured by parents and participants who are under the false impression that the level of protection received from a stock mouthguard is comparable to a custom-fitted mouthguard. Regrettably, that is not the case. It is important to convey to patients the cost of a custom-fitted mouthguard is far less than the cost of a dental injury. Routine check-ups provide an opportunity for dentists to educate parents and participants about the superior advantage a custom-fitted mouthguard provides.

WORD OF MOUTH

A STUDY CLUB BY
 **DIGIDENT**
Laboratory

Word of Mouth is Digident Laboratory's commitment to actively contribute and provide further education to the Dental industry in Western Australia.

REGISTER NOW AT:
<https://wom0318.eventbrite.com.au>

SPEAKERS



Dr. Jack Philpott

What A Dentist Needs
To Know About Sleep
Apnoea



Dr. Janice Kan

Digital Dentistry: Beyond
Conventional Techniques
– Is This For You?

2 HOURS CPD

This complimentary event is
strictly limited to 50 attendees.

DATE
21st March 2018

VENUE
UWA University Club

TIME
6pm - Registration and Canapes
7pm - Lectures Commence



WEBINARS IN ORAL MEDICINE

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Laboratory

DR. ALISSA JACOBS

14th MARCH 2018

6pm - 7pm

Nutritional Deficiencies and The Mouth

**Each live webinar is one hour of complimentary CPD
presented by Oral Medicine Specialists and other experts.**

CLICK HERE TO REGISTER!

**UPDATES & UPCOMING EVENTS WILL BE
POSTED IN THE PERTH ORAL MEDICINE
STUDY CLUB'S FACEBOOK PAGE**

www.facebook.com/groups/pomdsstudyclub/





PERTH ORAL MEDICINE &
DENTAL SLEEP CENTRE

HOT TOPICS IN ORAL MEDICINE

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EVENING**

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<https://www.eventbrite.com/e/hot-topics-in-oral-medicine-2018-tickets-40087871904>

2 HOURS CPD

Registration restricted to current
referrers of the practice.

Numbers strictly limited to 500.

DATE
26th June 2018

VENUE
Crown Perth

TIME
5pm to 9pm

SPEAKERS

PROF. CAMILE FARAH

It Sucks to Have Oral Cancer

DR. JACINTA VU

Releasing the Facts About
Tongue Ties

DR. ALISSA JACOBS

Why the Long Face; Is Mouth
Breathing Undesirable?

DR. SARAH CHAW

Introducing the OralMedMate™

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Did You Know?



**UP TO 39% OF DENTAL INJURIES ARE
SPORTS RELATED.**



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