



DORSAL DEVICE INSERT & CARE RECOMMENDATIONS

This Dorsal Device has been designed and fabricated for you, to the exact specifications of your dentist.

- 1 Brush and floss your teeth prior to insertion to ensure an accurate fit.
- 2 Place the upper part of the Dorsal Device into your mouth first. Use an even pressure with the thumbs to push and ensure it is firmly seated.
- 3 Place the lower part of Dorsal Device in next using even downward pressure from the index and middle fingers until the lower portion is firmly seated in mouth.
- 4 When removing your Dorsal Device, always remove the lower part first and then the upper part.
- 5 If you need to advance the wedge of your device, place the key into one of the holes in the screw and move the key in the direction of the arrow. 5 turns will equal about 0.5mm in opening.
- 6 Always open both sides of the Dorsal Device equally.
- 7 We recommend you clean your Dorsal Device after every use. To clean your device, use cold tap water, liquid soap and a toothbrush. Do not use toothpaste as it is abrasive and may cause damage.
- 8 Store your Dorsal Device in clean water when not in use to prevent the device from drying out and cracking.
- 9 Check your Dorsal Device regularly for damage. If any damage is found, stop using your device immediately and contact your Dentist for further advice.
- 10 Store safely away from pets.
- 11 Always bring your Dorsal Device to appointments with your Dentist.

If you notice any changes in your symptoms or your bite, please contact your dentist.